

Terms and Conditions

Effective Date: 17 May 2026

Last Updated: 17 May 2026

1. Preamble, Definitions, and Acceptance of Terms

These Terms and Conditions (hereinafter referred to as the "Terms," "Agreement," or "Contract") constitute a legally binding contractual instrument entered into by and between **Mokshya International PTE Ltd**, a private limited company duly incorporated, organised, and existing under the laws of the Republic of Singapore, trading under the name "**Inner Yoga Training**" (hereinafter referred to as the "Company," "we," "us," or "our"), and any natural or legal person who accesses, browses, registers for, enrolls in, participates in, purchases, or otherwise utilises in any manner whatsoever the website located at <https://inneryogatraining.com> (the "Website"), or any associated yoga teacher training courses, retreats, workshops, accommodations, materials, content, communications, or services offered by the Company (collectively, the "Services").

By accessing, viewing, downloading, registering for, submitting an application through, paying any fee toward, or otherwise availing of the Website or the Services, you (hereinafter referred to as the "User," "Participant," "Student," "Client," or "you") expressly, unequivocally, voluntarily, and irrevocably acknowledge that you have read, comprehended, and assented to be legally bound by the entirety of these Terms, together with the Privacy Policy and the Disclaimer published on the Website, all of which are incorporated herein by reference and constitute the integrated agreement between the parties. **If you do not agree to any provision of these Terms, you must immediately cease all access to and use of the Website and the Services.**

2. Eligibility and Capacity to Contract

The User represents, warrants, and covenants that:

- (a) the User has attained the age of majority in the User's jurisdiction of residence, and in any event is not less than eighteen (18) years of age;
- (b) the User possesses the legal capacity to enter into a binding contract under the laws applicable to the User;
- (c) the User is not prohibited by any law, court order, or other binding instrument from receiving the Services;
- (d) all information furnished by the User to the Company is true, accurate, complete, and current, and shall remain so throughout the User's engagement with the Company; and
- (e) the User shall comply with all applicable laws, regulations, and rules in connection with the User's use of the Services.

The Company reserves the absolute and unqualified right to verify the User's compliance with the foregoing representations, and to refuse, suspend, or terminate the provision of Services in the event of any actual or suspected breach.

3. Nature and Scope of Services

The Company offers yoga teacher training programmes, retreats, workshops, and related educational and wellness experiences conducted at venues located in Bali, Republic of Indonesia, and in Pokhara, Federal Democratic Republic of Nepal, and potentially other locations. Such Services may include, without limitation, instruction in Vinyasa Yoga, Yin Yoga, meditation, pranayama, yoga philosophy, anatomy, Ayurveda, Traditional Chinese Medicine, accommodation, vegetarian meals, transportation arrangements, and ancillary materials.

The Company offers Services on an "as available" basis, and reserves the right at its absolute discretion to modify, suspend, postpone, reschedule, substitute, or discontinue any aspect of the Services, including but not limited to course content, schedules, instructors, venues, accommodations, and dates, without incurring liability to the User save as expressly provided herein.

4. Application, Registration, and Payment

4.1 Application. Participation in any course or retreat is subject to the submission of a complete application by the User, and the acceptance thereof in writing by the Company. The Company reserves the unfettered right to accept or reject any application at its sole discretion, without obligation to furnish reasons.

4.2 Fees and Payment. All course fees, retreat fees, deposits, and ancillary charges are denominated and payable in the currency specified by the Company at the time of booking, exclusive of bank charges, currency conversion fees, transaction levies, or taxes which shall be borne in their entirety by the User.

4.3 Deposit. A non-refundable deposit, the amount of which shall be communicated at the time of booking, is required to confirm the User's reservation. Failure to remit the deposit within the timeframe stipulated by the Company shall result in the automatic cancellation of the reservation without further notice.

4.4 Balance. The remaining balance of the course or retreat fee shall be paid in full no later than sixty (60) days prior to the commencement date of the relevant programme, or such other date as may be specified by the Company. Failure to pay the balance by the due date may result in cancellation of the booking and forfeiture of any sums already paid.

4.5 Late Payment. Any sum not paid by the due date shall accrue interest at the rate of one and one-half percent (1.5%) per month, or the maximum rate permitted by applicable law, whichever is lower, from the due date until the date of actual payment.

5. Cancellation, Refund, and Transfer Policy

5.1 Cancellation by User. In the event of cancellation by the User, the following terms shall apply, unless otherwise expressly agreed in writing:

(a) the deposit shall be non-refundable under all circumstances; (b) cancellations made more than sixty (60) days prior to the commencement date may receive a refund of payments made beyond the deposit, less an administrative charge; (c) cancellations made within sixty (60) days of the commencement date shall result in the forfeiture of all sums paid; (d) no refund shall be granted for non-attendance, partial attendance, voluntary departure prior to the conclusion of the programme, expulsion for misconduct, or failure to obtain any visa, permit, vaccination, or other travel authorisation required for participation.

5.2 Cancellation by Company. The Company reserves the right to cancel, postpone, or reschedule any programme at its sole discretion. In the event of cancellation by the Company (other than for reasons attributable to the User's breach or to force majeure), the Company shall, at its election, either (i) offer the

User a transfer to an alternative programme or date of equivalent value, or (ii) refund the course fee paid, less any non-recoverable third-party costs already disbursed on the User's behalf. **The User shall have no further claim against the Company, including for travel, visa, accommodation, opportunity cost, or consequential losses of any nature.**

5.3 Transfer. Transfer of a booking to another individual or to a different programme is subject to the prior written consent of the Company and the payment of any applicable administrative fee.

6. Force Majeure

The Company shall not be liable for any failure or delay in the performance of its obligations hereunder where such failure or delay is caused by circumstances beyond its reasonable control, including but not limited to acts of God, natural disasters (earthquakes, volcanic eruptions, floods, storms, tsunamis), epidemics, pandemics, public health emergencies, governmental or regulatory actions, travel restrictions, border closures, war, civil unrest, terrorism, strikes, labour disputes, failures of utilities or telecommunications, transportation disruptions, and any other event of force majeure. In any such event, the Company's obligations shall be suspended for the duration of the force majeure event, and the Company shall not be required to issue refunds or compensation of any nature.

7. Assumption of Risk and User's Self-Responsibility

7.1 Acknowledgement of Risk. The User expressly acknowledges, understands, and accepts that participation in yoga, meditation, pranayama, physical training, retreats, travel, accommodation in foreign jurisdictions, and related activities involves inherent and significant risks, including but not limited to:

(a) physical injury, including but not limited to muscle strain, ligament damage, joint injury, fractures, dislocation, exacerbation of pre-existing conditions, cardiovascular events, fainting, dehydration, heat exhaustion, and rare events including death; (b) psychological or emotional reactions, including emotional release, anxiety, distress, or destabilisation of pre-existing mental health conditions; (c) illness from food, water, climate, insect bites, infectious disease, or local environmental conditions; (d) travel-related risks including accidents, theft, loss of property, natural disaster, political unrest, and force majeure; (e) risks associated with accommodation, transportation, and venues operated by the Company or by third parties.

7.2 Voluntary Participation and Self-Responsibility. The User expressly affirms that participation in the Services is undertaken voluntarily, of the User's own free will, and at the User's sole, complete, and exclusive risk and responsibility. The User affirms that the User has consulted, or has had the opportunity to consult, a qualified medical practitioner regarding the User's fitness to participate, and that the User has fully and accurately disclosed to the Company all medical conditions, physical limitations, allergies, medications, and pregnancy status that may bear upon the User's participation.

7.3 Waiver and Release. To the maximum extent permitted by applicable law, the User hereby irrevocably waives, releases, discharges, and covenants not to sue the Company, its directors, officers, shareholders, employees, instructors, contractors, agents, representatives, affiliates, and assigns (collectively, the "Released Parties") from and against any and all claims, demands, actions, causes of action, liabilities, losses, damages, costs, and expenses (including reasonable legal fees) of any nature whatsoever, whether known or unknown, arising directly or indirectly out of or in connection with the User's participation in the Services, including but not limited to those arising from the negligence of the Released Parties (excluding only such liability which cannot be lawfully excluded under applicable law).

7.4 Indemnification. The User shall indemnify, defend, and hold harmless the Released Parties from and against any and all claims, demands, actions, liabilities, losses, damages, costs, and expenses (including reasonable legal fees) brought by any third party arising out of, related to, or in connection with the User's breach of these Terms, the User's negligent or wrongful conduct, or the User's participation in the Services.

8. Code of Conduct and Termination

The User shall, at all times during participation in the Services, conduct himself or herself with respect, dignity, and consideration for fellow participants, instructors, staff, and the host community. The User shall comply with all reasonable instructions issued by the Company and its representatives, and shall observe the laws, customs, and regulations of the host jurisdiction. The Company reserves the absolute right, at its sole discretion and without entitlement to refund, to suspend, expel, or terminate the participation of any User who, in the Company's reasonable judgement:

(a) breaches any provision of these Terms; (b) engages in conduct that is disruptive, abusive, harassing, threatening, dangerous, illegal, or otherwise inconsistent with the values of the programme; (c) endangers, or is likely to endanger, the health, safety, or wellbeing of any participant, instructor, staff member, or third party; (d) brings the Company into disrepute.

9. Intellectual Property Rights

All content published on, made available through, or distributed in connection with the Website and the Services — including but not limited to text, graphics, photographs, videos, audio recordings, course manuals, training materials, slide decks, logos, trademarks, trade names, service marks, designs, and software (collectively, the "Content") — is the exclusive property of the Company or its licensors, and is protected by copyright, trademark, and other intellectual property laws of Singapore and applicable international treaties.

The User is granted a limited, revocable, non-exclusive, non-transferable, non-sublicensable licence to access and use the Content solely for the User's personal, non-commercial educational purposes. The User shall not, without the prior written consent of the Company:

(a) reproduce, copy, distribute, publish, transmit, modify, adapt, translate, create derivative works of, publicly display, publicly perform, sell, lease, license, or otherwise commercially exploit any Content; (b) remove, alter, or obscure any copyright, trademark, or other proprietary notice; (c) use any Content for the development of any competing product, service, or training programme; (d) record, photograph, or transmit any course session, instructor demonstration, or training material.

Any breach of this Clause 9 shall constitute a material breach of these Terms and may result in immediate termination of the User's access to the Services, as well as such legal remedies as may be available to the Company in law and in equity.

10. Travel, Insurance, Visas, and Health Requirements

10.1 The User is solely and exclusively responsible for arranging all aspects of travel to and from the programme venue, including but not limited to flights, ground transportation other than that expressly provided by the Company, travel documentation, visas, entry permits, vaccinations, prophylactic medications, currency, and any other ancillary requirements.

10.2 Mandatory Insurance. The User shall obtain, and maintain in force throughout the duration of the User's participation, comprehensive travel and medical insurance covering, at a minimum, medical treatment,

emergency evacuation, repatriation, cancellation, curtailment, loss of personal effects, and personal liability. The Company may, but is not obligated to, request evidence of such insurance prior to the commencement of the programme. **The Company shall not be liable for any loss, damage, injury, illness, or expense which would have been covered by insurance had the User maintained adequate cover.**

10.3 The User acknowledges and accepts that the granting or denial of any visa, entry permit, or other travel authorisation is within the exclusive sovereign discretion of the relevant governmental authority, and the Company assumes no responsibility for any refusal, delay, or revocation of such authorisations.

11. Limitation of Liability

11.1 To the fullest extent permitted by applicable law, in no event shall the Company, its directors, officers, shareholders, employees, instructors, contractors, agents, affiliates, or licensors be liable for any indirect, incidental, special, consequential, exemplary, punitive, or aggravated damages, including but not limited to loss of profits, loss of revenue, loss of opportunity, loss of goodwill, loss of data, emotional distress, or loss of enjoyment, arising out of or in connection with the Website, the Services, or these Terms, even if the Company has been advised of the possibility of such damages.

11.2 Without prejudice to the generality of the foregoing, and to the maximum extent permitted by law, the aggregate cumulative liability of the Company arising out of or in connection with these Terms, the Website, and the Services, whether in contract, tort (including negligence), statute, restitution, or otherwise, shall in no event exceed the total amount actually paid by the User to the Company in respect of the specific programme giving rise to the claim, in the twelve (12) months immediately preceding the event giving rise to the claim.

11.3 Nothing in these Terms shall operate to exclude or limit liability for death or personal injury caused by the Company's gross negligence, for fraud or fraudulent misrepresentation, or for any other liability which cannot lawfully be excluded or limited.

12. Third-Party Providers

Certain elements of the Services — including but not limited to accommodation, transportation, catering, excursions, and ancillary activities — may be provided by independent third-party suppliers. The Company acts solely as an intermediary in respect of such arrangements and shall not be liable for any act, omission, default, negligence, or breach on the part of any such third-party provider. The User's recourse in respect of any such matter shall lie solely against the relevant third-party provider.

13. No Medical, Therapeutic, or Professional Advice

The Services are educational and experiential in nature and are not intended to constitute, nor shall they be construed as, the provision of medical, psychological, psychiatric, therapeutic, diagnostic, or other professional advice. Nothing furnished by the Company or its instructors shall be relied upon as a substitute for consultation with a duly licensed medical or mental health professional. The User shall seek, and is encouraged to seek, the advice of such professionals in respect of any health concern.

14. Yoga Alliance Certification

While the Company is registered with Yoga Alliance and offers training programmes leading to eligibility for Yoga Alliance certification, the issuance of any certification by Yoga Alliance is subject to the User's satisfaction of the requirements established by Yoga Alliance, including attendance, completion of coursework, and payment of any applicable fees to Yoga Alliance. The Company makes no representation, warranty, or guarantee that any individual User will obtain such certification, nor that any such certification will result in employment, earnings, or any particular professional outcome.

15. Modifications to Terms

The Company reserves the absolute, unilateral, and unfettered right to modify, amend, supplement, or revise these Terms at any time and from time to time, at its sole discretion, with or without notice to the User. The revised Terms shall take effect immediately upon publication on the Website, and the User's continued access to or use of the Website or the Services thereafter shall constitute the User's binding acceptance of the revised Terms.

16. Entire Agreement

These Terms, together with the Privacy Policy, the Disclaimer, and any specific course or retreat terms communicated in writing by the Company, constitute the entire agreement between the parties with respect to the subject matter hereof, and supersede all prior or contemporaneous understandings, representations, warranties, communications, and agreements, whether oral or written.

17. Severability and No Waiver

If any provision of these Terms is held by a court of competent jurisdiction to be invalid, illegal, unenforceable, or void, such provision shall be deemed severed from these Terms, and the remaining provisions shall continue in full force and effect. No failure or delay by the Company in exercising any right, power, or remedy under these Terms shall operate as a waiver thereof.

18. Assignment

The User shall not assign, transfer, sub-licence, or otherwise dispose of any of his or her rights or obligations under these Terms without the prior written consent of the Company. The Company may freely assign or transfer its rights and obligations hereunder.

19. Governing Law and Dispute Resolution

19.1 Governing Law. These Terms shall be governed by, construed, and interpreted in accordance with the substantive laws of the Republic of Singapore, without regard to conflict-of-laws principles, and excluding the United Nations Convention on Contracts for the International Sale of Goods.

19.2 Dispute Resolution. Any dispute, controversy, claim, or difference arising out of, relating to, or in connection with these Terms, including any question regarding their existence, validity, breach, termination, or interpretation, shall first be referred to good-faith negotiation between the parties. If such dispute cannot be resolved by negotiation within thirty (30) days, it shall be referred to and finally resolved by arbitration administered by the Singapore International Arbitration Centre ("SIAC") in accordance with the Arbitration Rules of the SIAC for the time being in force. The seat of arbitration shall be Singapore, the language shall be English, and the tribunal shall consist of one arbitrator.

19.3 Notwithstanding the foregoing, the Company shall be entitled to seek injunctive or other equitable relief in any court of competent jurisdiction to protect its intellectual property rights or confidential information.

20. Contact Information

Mokshya International PTE Ltd Operating as: Inner Yoga Training Email: join@inneryogatraining.com
Telephone: +62 82145666899 Registered Address: Singapore

By accessing this Website, registering for any programme, or paying any fee to the Company, you affirm that you have read, understood, and accepted the entirety of these Terms and Conditions, and that you do so freely, voluntarily, and with full knowledge of their legal effect.